

dance ireland NEWS

Dance Ireland is the trading name of the Association of Professional Dancers in Ireland Ltd (APDI). Established in 1989, Dance Ireland has evolved into a strategic umbrella resource for professional dance practice, whose core aims include: the promotion of dance as a vibrant art form; the provision of support and resources for professional dance artists: advocacy on dance and choreography issues.

Dance Ireland is responsible for DanceHouse, a purpose built dance rehearsal venue, located in the heart of the North East Inner City. DanceHouse provides a base for Dance Ireland activities, and an opportunity to develop a valuable resource for professional dance artists and the wider dance community. Dance Ireland is funded by the Arts Council and Dublin City Council.

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Dance Ireland News is published 12 times a year

Published by Dance Ireland, DanceHouse, Liberty Corner, Foley St, Dublin 1, Ireland.

Printed by CRM Design & Print, Unit 6, Bridgecourt Office Park, Walkinstown Ave. Dublin 12, Ireland.

ISSN 1649-9506

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Dance Ireland reserves the right to edit or amend all articles or notices published in this magazine. The views expressed are those of contributors or editor and do not necessarily represent the views of Dance Ireland members.

Cover: Core Dance Company Members **Cover photo credit:** Eoghan O'Reilly

Deadlines for next edition:

May 2007 Copy & Photos: Fri 13 April Inserts: Fri 20 April

All photos submitted must be accompanied by appropriate credits and acknowledgements









Welcome to the April issue of Dance Ireland News which contains - as usual - all the information you need to stay up to speed with Dance Ireland's programme of activities. Indeed, we've got so much going on we decided to give you a comprehensive run-down on it all on page 4. Of course, for more specific details of morning classes, just turn to page 6, where you'll find descriptions of the teachers and classes to expect over the next 4-5 weeks.

Our residency programme remains at the core of what we do and we urge all our members to strongly consider being a participant in one of the three scheduled for this month. For more information, head straight to page 5. But that's

not all we have to offer, because Dance Ireland members who wish to see the latest Rough Magic production can avail of a special offer discount on tickets - more on page 4.

We have lots of news from dance companies and events throughout the country on pages 8, 9 and 10 – and it gives us particular satisfaction to carry news both of weekly professional morning classes and of a choreographic workshop platform in the south east of the country, being conducted by **Myriad Dance** in conjunction with Dance Ireland. Finally, you can find a schedule and profile of evening classes on offer in DanceHouse throughout April towards the back of the magazine.

Call for Applications Sonraigh

Youth Dance Festival 2007

Wexford 26th - 28th October 2007

Myriad Dance in conjunction with Wexford County Council and County Wexford Youth Dance Company are inviting applications from youth dance companies and groups to participate in the first ever youth dance festival in the south east region.

Sonraigh, meaning perceive, provides a broad platform for youth dance artists to present their work in a variety of performance settings in the following genres:

Contemporary Dance, Physical Theatre, Dance for Film and Site Specific.

For application forms and more information: Call: Aine Stapleton, Festival Coordinator, at 053 9174665 Email: info@myriaddance.com

or apply online at www.myriaddance.com

All participants must be between the ages of 12 and 21 years The deadline for receipt of applications is Friday May 4th 2007







Sonraigh Youth Dance Festival is part of the Pulse! Youth Dance Programme

THE YEAR AHEAD

Dance Ireland is a multi-faceted resource organisation dedicated to developing programmes and supports which respond to the needs of the professional dance artist, while simultaneously increasing the general public's involvement in dance at all levels. Dance Ireland's programme in 2007 can be seen to form three distinct areas of activity. Firstly, our professional development programme develops our long-standing commitment to creative dance practice nationally. Secondly, our evolving outreach programme aims to engage and collaborate with local communities and organisations in making participation in dance easier and more accessible. Finally, the DanceHouse weekly evening classes continue to grow in popularity, making our new home a focus for dance and movement-related activities in the capital. We'd like to share with our readers just how much is happening.

The backbone of our programme is the provision of professional morning classes in a range of contemporary dance techniques, classical ballet and complimentary dance genres. For details on these on-going training classes, regular cross arts events and international residencies, please consult the timetable at the back of each issue. Within our professional development programme, our training and educational service currently supports classes, workshops, residencies and choreographic laboratories in Dublin, Cork, Belfast. Galway, Kerry. Roscommon/Westmeath, Wexford, Kildare and Limerick, Also, in response to requests for greater access to affordable and subsidised studio space, as well as increased exchange and performing opportunities, we have introduced three new initiatives: the dance incubator programme, the international exchange programme and winging it. With specific reference to our aim of supporting the development of choreographic practice, our

newly launched Scheme for Young Choreographer will give one young artist the opportunity to create and perform a new work as part of the forthcoming Irish Youth Dance Festival. This year's Irish Choreographers New Works Platform will be presented in Cork in late Autumn. And we are working on a number of other choreographic development initiatives to be confirmed for later in the year. A well attended Occupational First-Aid Course (March) was the first of a series of professional development workshops offered this year, and compliments our ongoing services as a resource organisation, providing a range of information and advice on dance matters to artists and practitioners. Further plans include a number of regional 'dance clinics' planned for the coming months. Our Resource Room now includes a growing library of books, videos and magazines as well as Macs, internet access and administration facilities to take advantage of all this, please contact reception. Our new redesigned website: www.danceireland.ie will go live from mid-April. On the publication front, along with ongoing monthly Dance Ireland News and fortnightly e-bulletin, we will follow our very well received A Guide to Independent Choreographers and Dance Companies 1st Edition, with a second updated version, to be published at the beginning of 2008. Other publications planned include a document on youth dance outreach.

behind our outreach The aspiration programme is to take dance into the local community and to provide opportunities for everywhere to people engage DanceHouse. An example of this is our sponsorship of the Macushla Dance Club. Beginning in January, this programme of dance for older people led by Ríonach Ní Néill started with weekly dance classes in DanceHouse and we're delighted to announce that so far more than 300 older people have

enjoyed the physical and emotional benefits of dance. In May we sponsor a residency by the Liz Lerman Dance Exchange (USA) and Bealtaine Festival (further details are on p7). Our dance classes in the National College of Ireland, in place now for some months, will continue and a year-long Civic Social and Political Education project in association with the Larkin Community College and Hugh Lane Gallery has just begun. On 5th April, DanceHouse opens its doors for an evening of dance created and performed by four different local youth dance groups. Entitled Open House this is a collaborative initiative between Dance Ireland and Coiscéim. Later this year we will develop a multi-disciplinary dance project hosted by Ronanstown Youth

Service, Clondalkin and supported by South Dublin City Council, as well as working closely with DCC Arts Office on its Dancer-in-Residence programme.

Since our opening just a few months ago, DanceHouse has become a vibrant focal point for dance and movement-related activities. DanceHouse is more than just a venue for rehearsal – it's a home to over 80 classes in over 20 forms of dance including Flamenco, Biodanza, Salsa, Hip Hop, Pilates, Contemporary, to name but a few. In our studios, dancers of all ages, ability and nationality meet and find common cause in their shared passion for dance.

DANCE IRELAND RESIDENCIES APRIL 2007

The residency element of Dance Ireland's programme is indispensable to the long-term development of dance practice in Ireland. Even on a purely individual level their value is apparent, as opportunities to meet, learn from and engage creatively with practicing artists can be severely limited. So if you want to start testing the limits of what you're capable of as an artist or performer, attending a residency is essential.

To begin with **Ursula Mawson-Raffalt** - on the **2nd**, **3rd** and **4th April** she will explore the use of the focus-point technique to fill and empty space, shape and form and discover the essence of numbers, breath and sound, all the while directing participants' perceptions to an awareness of the subtle qualities of being, silence and expression.

The 11th - 14th April sees Elizabeth Corbett offering a classical ballet class with emphasis on alignment, musicality and discovering freedom to move well within this genre. Drawing from a broad range of dance influences and experiences (both traditional and unconventional) this is a class within which you'll explore organization of directions in the body and in space; clarifying and simplifying body placement issues and mechanics and differentiation in movement qualities, weight, speed and focus.

Finally on **April 28th** and **29th**, **Kalichi** will lead a workshop based on the philosophy and practice of Liberation Dance - in which dance is a path to awareness and a way of knowing. This weekend will enable participants to explore the synergy of movement, meditation, wildness and dance-making.

See back page for information on dates, fees and times.

DANCE IRELAND MORNING PROFESSIONAL CLASS

MORNING CONTEMPORARY CLASS WITH JENNY ROCHE

in association with Rex Levitates

Dates: 16th April to 20th April

Time: 10am to 11.30am

Fees: DI Members €5 per class, €20 per week.

Non Members: €8 per class

Venue: DanceHouse, Foley St, Dublin 1

Jenny trained at Central School of Ballet, London, graduating in 1991. She has worked with all the major dance companies in Ireland and her work abroad includes **Janet Smith**, English National Opera, Les Carnets Bagouet (France), De Vlaamse Opera (Antwerp) and Cie. 2nd Nature **Christine Gaigg** (Vienna). Recent productions include Missed/fit by **John Jasperse** and Fish and Map, a solo by **Jodi Melnick** (New York).

A co-director of Rex Levitates Dance Company, she has performed in all of the company's work since its inception in 1999. In 2001, Jenny received an MA in Dance Performance from the University of Limerick, graduating with first class honours. She is currently working on her PhD in Dance at the University of Surrey, Roehampton.

MORNING CONTEMPORARY CLASS WITH RÍONACH NÍ NÉILL

Dates: 23rd April to 27th April

Time: 10am to 11.30am

Fees: DI Members €5 per class, €20 per week.

Non Members: €8 per class

Venue: DanceHouse, Foley St, Dublin 1

The class will utilise the principles of GYROKINESIS®, a methodology created by Juliu Horvath as a means of opening and strengthening the body similarly to yoga, but in a way that is especially suited to dancers. Class begins seated for gentle rocking motions that ease the spine into mobility. The motion is continuous and moves through all possible articulations of the spine and, along with the coordinated use of breath, aims to fully open the center body. The arms and legs are added to the mix until most blockages have been worked through. Then, kneeling and standing,

various active stretches are done to prepare the body for deeper strengthening and stretching. On the floor the class works through a variety of positions that use internal opposition to create connection and length which ultimately lead to a more efficient, calmer and stronger body. To finish the Gyrokinesis warm-up, there is an opening/centering exercise that allows the body to integrate the work and focus the mind.

From this basis we will develop travelling exercises in and out of the floor, culminating in a choreographic phrase which will be built on during the week.

MORNING BALLET CLASS WITH DEIRDRE O'NEILL

Dates: 30th April to 4th May

Time: 10am to 11.30am

Fees: DI Members €5 per class, €20 per week.

Non Members: €8 per class

Venue: DanceHouse, Foley St, Dublin 1

Deirdre O' Neill trained professionally at Bush Davies and Laine Theatre Arts, England. She was a member of PACT Ballet Company, South Africa and more recently performed with Night Star Dance Company in Dublin. She is the ballet teacher and coordinator of the Dance Programme at Sallynoggin College.

THE FIRKIN CRANE PROFESSIONAL CLASS

in association with Dance Ireland

Professional Class continues throughout April on Wednesdays at 12.00pm to 1.30pm at the Firkin Crane

Inma Moya - 4th & 25th April

Inma began her training in classical ballet (RAD, London) then moved to contemporary dance. She has worked as a dancer with CruX Dance Theatre for the last five years. Her classes are a mix of yoga warm-up, floor-work technique, released-dance technique and contact dance improvisation.

Ursula Chapman - 11th April

Ursula has been principal dancer with Crux Dance

Theatre for the last five years. Her class is a mixture of release technique, contact improvisation and yoga, combined with all that she has experienced in the last number of years.

Andrea Pastorella - 18th April

Andrea Pastorella has taught contemporary dance to people of all ages and levels for over 20 years. She is a performer, choreographer, producer of modern dance and artistic director for her own company Movita Dance Theatre, whose work has been presented through out the USA and Canada. The class consists of a symbiotic relationship between technique and self-expression.

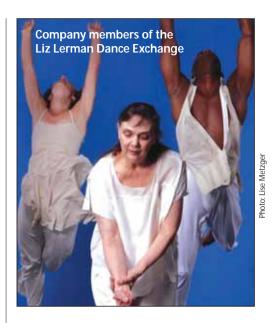
For more details and class times please contact The Firkin Crane: T: 021 4507487

LIZ LERMAN DANCE EXCHANGE AND THE BEALTAINE FESTIVAL

The Bealtaine Festival in May, which celebrates creativity in older age, in conjunction with the Abbey Theatre will this year open up a world of dance to older people with the visit of the renowned Liz Lerman Dance Exchange from Maryland, USA. For 25 years, Dance Exchange has performed, taught and engaged urban and rural communities, both in America and internationally. through workshops that move all kinds of people to dance. They do so by asking four questions: who gets to dance? Where is the dance happening? What is it about? And last but not least, why does it matter? The answers they've discovered have, over the years, led this cross-generational company to perform groundbreaking new works of dance. They are due to participate in an 'Abbey Talk' event on May 15th, something that shall doubtless be of interest to members.

Also of interest is that the company will hold a six-day participatory workshop for 12 older people and 6 dancers, from the 14th to 19th of May, culminating in an informal presentation here at DanceHouse, Foley Street. Places for older people will be allocated on a first come, first served basis and dancers will be selected on the basis of interest and engagement with this work. The Bealtaine Festival is particularly keen to find dancers who can use this opportunity to inform their own practice.

For places on this opportunity of a lifetime, telephone **Michelle Howe** or **Phil Kingston** at



the Abbey on 01 887 2200. For more information on Bealtaine and a listing of what's happening in 2007 visit www.bealtaine.com

MYRIAD DANCE PROFESSIONAL MORNING CLASSES

in association with **Dance Ireland** and **Wexford County Council**

Myriad Dance is delighted to announce the return of its weekly professional morning classes, with its first class commencing on Thursday, 19th April 2007. The first series will run for 6 weeks with the second block resuming in autumn. Maintaining dancers' fitness, as well as creating an opportunity for ideas and investigation has always remained at the forefront of Myriad's ethos for professional development and training for its dancers. Workshops are open to all professional dancers, artists and dance students or movement-based artists in the south-east region.

Start Date: Thursday, 19th April 2007

Time: 10am – 12noon

Duration: 6 weeks

Cost: €10 per class / €50 for series

INNERSCAPES

Choreographic Workshop Platform, Wexford, 10th-13th April in association with **Dance Ireland** This four-day programme of workshops during the Easter Break aims to support dancers and dance artists in the south east by offering them a platform to experiment and innovate through creative & physical dialogue in a unique and informal series of experimental workshops.

Myriad Dance is pleased to announce that our main guest artist for the week will be **Wolfgang Hoffman** (artistic director, Dublin Fringe Festival) who will present a two day workshop on contact improvisation. Artistic director Deirdre Grant will present a fascinating look into the current Myriad Dance production: 'Ruins'. This workshop will include a visual presentation and improvisational material exploring the space & body in relation to site-specific work. The programme will also host a series of workshops from several emerging Irish based artists.

The programme includes:

- Contact Improvisation Sessions
- Open Improvisation Sessions (join in as you feel like it)
- Release-Based Classes

- Choreographic discussion
- Open Presentation Platform (Fri night only)

Dates: 10th – 13th April 2007 **Times**: 9.30-5pm daily

Cost: €10 (per session) / €15 (day) /

€60 (4days)

Workshops are open to all professional dancers, artists and dance students or movement-based artists

Both Morning Classes and Choreographic Workshop Platform will be held at Myriad Dance Studio, Ground Floor, 59, South Main Street, Wexford

For further information / registration: Contact Myriad Dance: 053 91 74665 or Email: info@myriaddance.com Alternatively, you can log on to www.myriaddance.com

See back page for information on times, venues and class fees for all Dance Ireland activities.

COMPANY NEWS

Cork City Ballet reaches new heights with Ballet Spectacular 2007

Ballet Spectacular 2007, Cork City Ballet's much anticipated spring show, will take place in the 1000-seat Cork Opera House on Tuesday 1st and Wednesday 2nd May. Speaking at the launch of Ballet Spectacular 2007, Alan Foley, the



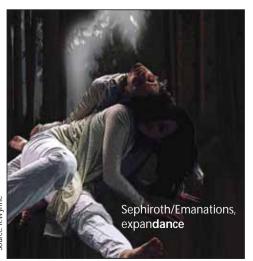
company's artistic director described the event as "a really exciting show that is very diverse and is sure to please. I am really looking forward to seeing the show come to life and performing with such a star studded cast. Cork City Ballet's policy of presenting both classical and contemporary ballet has proven to be a huge factor in attracting new audiences to the theatre. This, together with the endorsement of Cork City Ballet by the Cork Opera House and the engagement of such eminent guest artistes for our season, is testimony to the value which is placed upon our contribution to the cultural life of Ireland."

As a testament to the international standing now held by Cork City Ballet Company, dancers from Germany, England, USA, Spain, Japan and Russia will join Ireland's finest dancers, including Alan Foley and **Monica Loughman**, on the Cork Opera House stage for this year's two-act spectacular. Lovers of classical ballet will not be disappointed with the presentation of a dazzling suite of dances from the most famous ballet of all, *Swan Lake*. Japanese ballerina **Chika Temma** and Russian

ballet star Victor Povavarov - no strangers to Cork audiences following the company's tour in November 2006 - will perform the Black Swan pas de deux as well as an excerpt from Gorsky's production of La Fille Mal Gardee. And the stage is set to come alive with a series of performances drawing on an eclectic range of classical and contemporary influences and techniques in both music and dance, with Jane Kellaghan's ballet Wuthering Heights set to the music of Kate Bush, Alan Foley's ballet Gira Con Me to the baritone intonation of Josh Grobin, while Judith Siblev's ballet Rainwater finds accompaniment in the songs of Paddy Casey. And last but certainly not least, Irish ballerina Monica Loughman will perform the famous wedding pas de deux from The Sleeping Beauty with American principal dancer Todd Fox, who will also partner Amy Lawson in Patricia Crosbie's sensational ballet Bodyguard with music by Paul Simon.

LONGFORD DANCE FEST 2007 – Backstage Theatre & Shawbrook, 13th & 14th April

On Friday 13th April the **Irish National Dance Awards** will take place in Backstage Theatre, Longford, during which over a hundred young dance students will partake in a day of ballet, jazz and contemporary dance. This year the judges are **Sonia Rafferty**, **Dollie Henry** and **Cathy Sharp**. The evening will commence with a viewing of *The Shawbrookians*, a film made by the National Youth



Dance Company under the guidance of **Fiona McGinty**, followed by a performance of *Running* the Line by Cathy Sharp Dance Ensemble and finally concluding with the Awards Ceremony proper. For info and bookings phone Backstage theatre at 043 47888

On the 14th April, the day starts with three master classes at Shawbrook taught bv aforementioned judges. Later on, Irish students currently studying abroad will have a chance to show us site-specific work in Shawbrook Theatre, this to be followed by the award of prize monies to students to assist with their studies. And after nightfall, we will witness our first ever forest dance performance, as brought to us by expandance -Sephiroth / Emanations. Choreographed by Rachel Wynne and performed by Laurie Schneider and Jody O'Neill, this is an invitation only event and it's recommended that you bring raingear and welliest

For further info and to request invitation, please contact Shawbrook directly at shawbrook@tinet.ie

DIE FLEDERMAUS – Ballet Ireland Spring Season 2007

Die Fledermaus, a delicious story of intrigue, love, humour and revenge which lends itself perfectly to the medium of ballet, promises to be a wonderful vehicle for Ballet Ireland. A coproduction with choreography by artistic director **Günther Falusy** and guest choreographer in residence **Morgann Runacre-Temple**, this is a great yarn with wonderful scope for great dancing by Ballet Ireland.

The light-hearted story of *Die Fledermaus* tells of the revenge taken by a certain Dr. Falke (Die Fledermaus) for a practical joke played on him by Gabriel von Eisenstein, whose marriage Rosalinde does little to prevent frequent dalliances with the lithe young ladies of the *corps de ballet*. On his way to serve a brief jail term for insulting a public official, Eisenstein attends Prince Orlofsky's ball. He woos a glamorous Hungarian countess, who turns out to be none other than Rosalinde, seeking (and getting) her revenge for her husband's indiscretions. True identities are revealed and confusion dispelled in the final scene when Eisenstein philosophically declares... it's best to blame it all on the champagne!

For tour dates for April, see Listings at back.

REX LEVITATES ON TOUR

From April 20th - May 5th Rex Levitates will be touring a company of eight dancers with their double bill of dance, Cross Purposes and The Same Jane. Choreographed by Liz Roche with lighting design by Paul Keogan and music by Denis Roche this evening was a hit at the Magnet Dublin Fringe Festival 2006, with Jenny Roche and Katherine O'Malley being nominated for The Fringe Awards Best Female Performers. Rex Levitates will also be teaching workshops on tour. contact details please venues for admin@rexlevitates.com

Cross Purposes

What happens when your body is at cross purposes with itself? When you go so far that the only option is to keep going, to follow through? When you bring your body to a tranquil, yet trance-like state and exhaustion ensues? A trippy, high-voltage piece that gives you no option but to come along for the ride.

The Same Jane

Our bodies remember things that our minds forget. Two dancers that have worked together for over six years unearth the imprints, resonances and differing memories of performance that they hold kinetically in their bodies.

Dancers: Jenny Roche, Katherine O'Malley, Lisa McLoughlin, Grant McLay, Philip Connaughton, Jazmin Chiodi, Abhilash Ningappa, Cliodhna Hoey.

See Listings at back for dates, times and venues

'ATTEMPTS ON HER LIFE' SPECIAL OFFER FOR DANCE IRELAND MEMBERS

Premiered in 1997 and since translated into more than 20 languages, Martin Crimp's Attempts on Her Life – a play where a group of characters try to piece together the identity of the mysterious Anne, and in so doing bring us on a journey through the shadowy emotional and political landscapes of our time - has become a modern classic.

As choreographer **Rebecca Walter** will collaborate on the forthcoming Rough Magic production, the company have been good enough to extend a **SPECIAL OFFER** to all Dance Ireland members. **Book by 13 April** to receive a discounted ticket price of €14 (regular price €20) for the 8:15pm performances and €10 (regular price €12) for previews and matinées.

Call Project Arts Centre Box Office: (01) 881-9613, please quote reference DI.

Previews: **18, 19 April** at **8:15**; Matinées: **28 April & 5 May** at **2:45**

Performances: 20 April - 5 May at 8:15pm

On 15th May of this year, **Core Dance Company**, a new element of the Inchicore College dance course, will perform at DanceHouse. We spoke briefly with Adrienne Brown about the background to the company and what viewers can expect.

How did Core Dance Company come into existence? Whose idea was it initially?

Well, really, I'd say in fairness it was Marion's idea although I must admit I had said to her many times over the years, when we were working with the students here, 'God, Marion, I'd really love to choreograph some serious work on these dancers' because I was recognising that they were coming through the course as being well-trained dancers, very dedicated, young and very much at that stage where they were ready to do more. Anyway, she

just came up with this idea last September or August for running a third year programme which would be a production company or a dance company. So it started from there. The other choreographers who were working in the school were Mairéad Vaughan, and Mariam Ribon, who has been stepping in and out for the teachers that are absent or ill. So the policy would be that we would put on a show every year and that we would try to bring in some guest choreographers as well - in this case Mariam Ribon - with myself and Mairéad as the co-artistic directors.

Would you say that there's a philosophy or a vision behind what you are doing, or has one arisen out of working with each other as coartistic directors?

It's a very interesting question about the philosophy. I suppose a certain amount of the philosophy comes from the fact that the dancers have done three years intensive dance training, and in Dublin it's difficult to make the transition from student to professional dancer, so it's good from their point of view that they would have an opportunity to do some kind of work with professional choreographers. I think, from the artistic side, I would say it's actually a philosophy that we haven't defined just yet and probably is something that we will need to

And as regards the performance itself – can you describe that a little?

find and hone

Fach choreographer is working with twenty minute slot, but I have divided my 20 minutes into two smaller pieces, [so] I'm going to do two pieces around about 8 to minutes. We will have 10 dancers and not all of them will be in each of the 20 minute slots.

The first idea I had really was music by Debussy, some piano preludes, which I love for the freedom and breadth that's in the music. The piece is called *Ashes* and it's to do with the idea that after something seems to be dead or gone there can be a kind of life. And the other piece is one - that came quite quickly in terms of the idea - called *Musica Mundana*. It's based on the idea that early medieval music theory divided music into three kinds; *musica mundana* (music ordering the cosmos); *musica humana* (music ordering the person) and finally *musica instrumentalis*, that of

musical instruments. I've chosen a piece of baroque music, which is not in keeping with medieval times but it is a very strong, very rigid piece; it doesn't progress very much but for me what works is that it keeps a structure in place.

Mariam's piece is called *What If* and is to do with the idea of questioning the effects of technology, particularly on dance, and what is happening in dance with regard to technology. Mairéad's piece uses a lovely quote from the Little Book of Sufi Wisdom: *Rise above the world and be to yourself your own little world.* Her pieces tend to be quite influenced by the East, and tend to have a certain Zen-like and beautiful quality to them. She has a very definite style at the moment. I'm not saying everything comes from there but in

Core Dance Company

Photo: Eoghan O'Reilly

tendency to exhibit a sense of lines or columns of dancers that flow and it's done in such a way that it's almost like watching water. It's very specific and verv beautiful and pieces tend to get [to] a kind of a state or mood rather than being narrative

her pieces I have noticed a

After this, what's next for Core?

Well, in a sense this is a trial

based.

run, our first time doing it. It will continue on from here. Mairéad and myself will sit down and re-evaluate [it] and probably the Core Dance Company will be written into the module, so it will become an official part of the academic three year course. I think we'd look to find other choreographers that we could invite in. We would love to have a fully fledged dance company, with all the resources and funding...but very much the philosophy of Marion [Lennon] is that we walk before we can run and find out what it is we're doing before we speak too much about it.

EVENTS LISTINGS

DANCE THE CLASSICS presented by the Irish National Youth Ballet Company

Date	Venue	Contact
Saturday 14 April, 2pm/8pm	Draíocht Theatre	Tel: 01 8852622
Saturday 12 May, 8pm	Friar's Gate Theatre	Tel: 063 98727
Sunday 27 May, 8pm	National Concert Hall	Tel: 01 417000

THE SAME JANE & CROSS PURPOSES - REX LEVITATES, APRIL -MAY 07

Date	Venue	Contact
Friday 20 April, 8pm	The Pavilion, Dun Laoghaire	Tel: 01 2312929
Saturday 21 April, 8pm	An Draíocht, Blanchardstown	Tel: 01 8852622
Friday 27 April, 8pm	Siamsa Tíre, Tralee	Tel: 066 7123055
Sunday 29 April, 8pm	Hawk's Well, Sligo	Tel: 071 9161518
Tuesday 1 May, 8pm	An Táin, Dundalk	Tel: 042 9392919
Thursday 3 May, 8pm	Garter Lane, Waterford	Tel: 051 855038
Saturday 5 May, 8pm	Waterfront Studio, Belfast	Tel: 028 90334455

DIE FLEDERMAUS - BALLET IRELAND, APRIL 2007

Venue Contact Date 12 & 13 April Solstice Arts Centre, Navan Tel: 046 9092300 14 & 15 April National Concert Hall, Dublin Tel: 01 4170000 Tel: 01 7007000 17 April Helix, Dublin 18 April Mermaid Arts Centre, Bray Tel: 01 2724030 19 April Watergate Theatre, Kilkenny Tel: 056 7761674 21 April Glór, Ennis Tel: 065 6843103 22 April Opera House, Cork Tel: 021 4270022 Moat Theatre, Naas 24 April Tel: 045 883030 25 April The Marketplace Theatre, Armagh Tel: 028 37521821 26 April Dunamaise Arts Centre, Portlaoise Tel: 0502 63355 27 April Ramor Theatre, Virginia, Cavan Tel: 049 8547074

Simon Ryan Theatre, Tipperary

An Grianán, Letterkenny

Tel: 074 9120777

Tel: 074 9120777

28 April

30 April

EVENING CLASSES AT DANCEHOUSE APRIL 2007

Class	Times	For further information please contact:	
5 Rhythms Ecstatic Dance with Caroline Carey	Thursday 12 April, 7 to 9.30pm Thursday 26 April, 7 to 9.30pm	P: 087 2572098 E:cg5rhythms@gmail.com W: www.carolinecarey.com €25 per session	
action? There is a wild dancer in	full of energy? Do you want to understand how to turn side everyone, no matter your age or ability, male or fer is where you could begin, or continue your Movement	male. Is your heart & spirit saying Yes?	
Belly Dance with Belly Dance Ireland, Valerie Larkin	Monday 8 to 9pm 6-week course starting 16 April	P: 01 296 3856 M: 086 888 6036 (no texts) w: www.bellydanceireland.com	
Biodanza Wednesday 7 to 9pm P: 086 1211909 Biodanza is a Spanish word meaning "bio" = life and "danza" dance (the dance of life), and uses music and movement to help people express themselves, learn the skills of human communication (non-verbal; we don't speak in the classes) and help them become alive and vibrant people (it has therapeutic effects).			
Contemporary dance with Miriam Ribon	Monday 7 to 8.30pm Wednesday 7 to 8.30pm	M: 086 863 9702 E: mariammola@yahoo.ie	
Contemporary dance Improvisation class with Niamh Condron	Tuesday 7 to 8.30pm Tuesday 8.30 to 10pm	P: 01 855 8800 (Dance Ireland) E: info@danceireland.ie €5 DI Members, €8 Non-Members	
Embodiment: dance and movement meditation with David Mooney	Wednesday 7.30 to 9.30pm This is a free form dance practice for relaxation, enjoyment, meditation and stress relief.All welcome regardless of age, level of fitness, dance experience, physical condition.	M: 086 0546556 E: davidbmooney@gmail.com €15 per session 6 sessions €75	
Flamenco with Joyce Richardson	Thursday 6.30 to 7.30pm (Complete beginners) Thursday 7.30 to 8.30pm (Sevillanas all levels) Thursday 8.30 to 9.30pm (Elementary/Interm/Adv)	P: 087 9696541 E: flamencolynn@hotmail.com	
Gyrokinesis with Ríonach Ní Néill Gyrokinesis is an exercise metho dance, gymnastics, swimming a	Wednesday 4 April 6.15 to 7.30pm and which was developed by Julio Yorvath which incorporate and Tai Chi.	P: 087 4121775 E: info@studio32.ie orates many key principles from yoga,	
Kung-Fu Class with Yang Dong	Tuesday April 7 to 9pm	P: 087 934 9509	
Modern Bellydance with Ireland Dance Stars	Wednesday 8 to 9pm	P: 086 2078377 Drop in class €10	

Nia Class with Ann Rigney	Monday 6.30 to 7.30pm Nia is a holistic fitness programme involving dance arts, martial arts and healing arts.	P: 087 983 2433 E: ann.niadublin@gmail.com
Pilates with Studio 32	Monday 6.00 to 7.00pm (beginners) Monday 7.15 to 8.15pm (beginners) Tuesday 5.30 to 6.30pm (beginners) Tuesday 6.45 to 7.45pm (improvers) Tuesday 1.00 to 1.55pm (from 10 April) Wednesday 6.00 to 7.00pm (beginners 1) Wednesday 7.15 to 8.15pm (beginners 2)	P: 087 0557166 E: info@studio32.ie
Salsa Classes with Latin instructors Vitor (Brazil) & Anna (Cuba)	Tues 8.00 to 9.00pm (beginners) Tues 9.00 to 10.00pm (improvers) 10-week course starting 24 April Registration on 24 April	P: 087 6206372 W: www.salsamania.ie 10 week course €90

OLDER PEOPLE IN DANCE TRAINING SESSION

Ríonach Ní Néill (Ciotóg, Macushla Dance Club) and **Philippa Donnellan** (Coiscéim Development Officer) are hosting a training session for leaders of Older People in Dance on **Saturday April 14th** in **DanceHouse**, this initiative is kindly supported by Dance Ireland. If you are a professional dance artist working with, or interested in working with, older people, we'd like to hear from you. For times and further information, contact Ríonach at 087 4121775 or Rnineill@yahoo.ie.

GRADUATE DIPLOMA/MA IN DANCE

This programme of study has been designed for those in full-time employment. The Graduate Diploma is a one year, part-time course, which runs on 14 Saturdays during academic year and full-time for the month of July. Developed with teachers in mind, it also addresses the needs and interests of dance artists. The programme offers dance practice and theory to anybody wishing to develop dance skills for work in various settings, such as the community and specialist centres for people with a disability, as well as within the school system. The Masters programme is an additional year of part-time independent research, which allows students to undertake study in a particular area of interest such as, education, history, performance, disability etc.

For further information contact:

Teresa Leahy, Programme Director; email: teresa.leahy@ul.ie; Ph.: 061-202807 Victoria O'Brien: Email: victoria.obrien@ul.ie

Applications Forms can be obtained from the Postgraduate Admissions Office, University of Limerick, Phone: +353-61-233638/233285/233286

Email: postgradadmissions@ul.ie

EVENING CLASS PROFILES FOR APRIL

Biodanza: the 'Dance of Life'

Practiced all over Europe and South America, *Biodanza* (*Bio* meaning life, and *danza* meaning dance) is a rediscovery of the innocence of love, the beauty of touch, and the meaning of movement. Professor Rolando Toro, psychologist, anthropologist, poet and artist from Chile, created the *Biodanza* system in the 70s.

Biodanza is essentially a system of human integration, or re-education, involving the use of specific music and movement to create a transforming experience (called "vivencia" in Biodanza terminology) in the person. During a session of Biodanza, music is used to stimulate peoples' creativity as they express themselves through dance. The exercises aim to promote and encourage the release of trapped emotions that result from high stressors in modern life. With a session of Biodanza, people feel an awakening of a consciousness of their bodies, the power of communication and of universal human solidarity. Finally, Biodanza not only promotes a higher quality of life, but it also helps people achieve a deeper sense of happiness. Best of all, no previous dance experience is necessary for weekly classes—it's for everyone.

Biodanza Classes are held in DanceHouse, Wednesdays 7-9pm. For further details, contact Brendan McManus at M: 086 1211909 E:biodanzatutor@gmail.com W: www.biodanzaireland.com

Mariam Ribon Dance Classes

Mariam Ribon holds a First Honors Masters in Contemporary Dance, and is a qualified pilates instructor. Artistic director of the Irish Youth Dance Festival and Dublin Youth Dance Company, Mariam also teaches at Inchicore and Sallynoggin Colleges and has a great experience teaching adult dance classes.

Mondays:

Class focuses first on floor work, influenced by the principles of yoga and pilates, in which alignment is a key element resulting in a gentle and effective total workout as well as a creative dance experience. The second part of the class consists of developing a sense of fluid movement, musicality and rhythm. Technical aspects of movement are revealed in a comprehensive and simple way. This class is ideal for those with a sensibility for dance and who wish to explore the potentialities of their minds and bodies. Wednesdays:

Warm up starts with a selection of movements designed to stretch the spine and muscles while working on alignment, improving balance through an effective use of core muscles, before progressing through a range of dance routines. To finish, a salutation provides a cooling down of body and mind, instilling calmness of being. A unique



hoto: Derek Speirs

approach to teaching provides participants with an enjoyable and comprehensive dance experience and caters to those with some experience in various forms of dance and other movement-techniques.

DANCE IRELAND MORNING CLASS @ DANCEHOUSE, FOLEY ST, D 1.

Apr 16 - 20Jenny RocheContemporaryApr 23 - 27Ríonach Ní NéillContemporary

Apr 30 – May 4 Deirdre O'Neill Ballet

Time: 10.00am to 11.30am, Monday to Friday

Fees: DI Members: €5 per class/€20 per week. Non-members: €8 per class

PROFESSIONAL CLASS AT THE FIRKIN CRANE WITH DANCE IRELAND

Apr 4&25Inma MoyaContemporaryFirkin Crane, Shandon, CorkApr 11Ursula ChapmanContemporaryFirkin Crane, Shandon, CorkApr 18Andrea PastorellaContemporaryFirkin Crane, Shandon, Cork

Fees: DI Members: €5 per class/€20 per week. Non-members: €8 per class

For more details please contact the Firkin Crane at 021 4507487.

DANCE IRELAND RESIDENCIES & WORKSHOPS

Apr 2-4 Ursula Mawson-Raffalt CrossArts Residency DanceHouse

10.00am to 1.00pm

DI members: €10 per day; €20 for three days; Non-members: €12 per day, €30 for all three days.

Apr 11-14 Elizabeth Corbett Ballet Residency DanceHouse

10.00am to 11.30pm

DI members: €10: Non-members: €12.

Apr 28-29 Kalichi Liberation Dance Workshop DanceHouse

11.00am to 4.00pm

DI members €15 per day; €25 both days; Non-members: €25 per day, €40 both days.

DANCE IRELAND - EQUIPMENT FOR HIRE

There are a number of pieces of equipment available for hire to all members at nominal rates. These include: portable dance floor (black/light grey reversible harlequin vinyl dance floor), piano (digital Kawai CN370), 2 digital hard disk camcorder (JVC Everio),

1 digital camera, tripods, ballet barres.

For more information please contact

Duncan at 01 8848103 or Email duncan.keegan@danceireland.ie, with 'equipment hire' in the subject line.